



Hilda's House

a place for grief support and hope

2010



An initiative of

### Hilda's House

39 Chermide Road  
Eastern Heights  
Ipswich Q 4305

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www.ipswichhospice.org.au

### Grief Group Date Claimers

#### Kids Grief Groups

Monday afternoons  
(3.30pm to 5.00pm)

During these dates:

February 15<sup>th</sup> to March 29<sup>th</sup>

June 21<sup>st</sup> to August 2<sup>nd</sup>

October 18<sup>th</sup> to November 29<sup>th</sup>

#### Parent Support Groups

All kid's grief groups have a parent group running concurrently on the premises.

#### Young People's Grief Group

To be advised

#### Adult Grief groups

Thursdays during these times and dates:

February 18<sup>th</sup> to April 1<sup>st</sup>  
(1.00pm to 3.00pm)

June 24<sup>th</sup> to August 5<sup>th</sup>  
(6.30pm to 8.30pm)

October 21<sup>st</sup> to December 2<sup>nd</sup>  
(1.00pm to 3.00pm)

#### Grief Support

#### Drop-In Group

1st & 3rd Tuesday of Each Month (10pm to 11.30 am)

### January

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### February

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

### March

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### April

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### May

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### June

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### July

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### August

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### September

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

### October

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### November

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### December

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

All Grief Groups & Support Services including one-to-one support and home respite are free services, however donations are appreciated. We also offer fee for service Counselling with Psychologists registered with Medicare.